

Day 12 (Tuesday 31st August)

Breakfast taken around 9.00am, followed by a light coaching session for all players, lunch between 12.30 and 1.30pm, with the afternoon free to rest, and a tour of one of Sport1st's 'Pro-club Partners' grounds, Wrexham AFC, before your early evening matches against the local junior club, Brickfield Rangers FC, followed by your evening meal in a local restaurant.

Day 13 (Wednesday 4th August)

A relaxing coach trip into the heart of North West England, after breakfast you'll board the coach for the 1.5 hour trip to the famous 'Old Trafford' home of the legendary Manchester United FC at the 'The Theatre of Dreams' - Your guided tour will include the Old Trafford Stadium, the clubs museum, the main pitch, and the mega store, with lunch to be taken in either the famous 'Red Cafe', or the nearby shopping mall - The Trafford Centre. Departing at around 3.00pm for the short trip to the Bolton Boys Club and your early evening matches. Taking in some 'Lancashire' hospitality at it's best.

Day 14 (Thursday 5th August)

Breakfast and back on the coach for the short trip through the Mersey Tunnel and into the home of The Beatles - Liverpool. Your day includes a sightseeing tour of key Liverpool landmarks, an afternoons guided tour around another one of Sport1st's 'Pro-club Partners' grounds, Goodison Park, home of the English Premier Leagues Everton FC, and a visit to the clubs Bellefield Training complex, for a 1.5 hour coaching session led by Everton FC coaches. A packed lunch will be provided, with an evening meal on your return to the university campus.

Day 15 (Friday 6th August)

Depart from your accommodation for your outward-bound flight from Manchester International Airport, for a safe journey home.

** Please note**

1. The itinerary detailed above, includes three meals per day - breakfast, a cooked or packed lunch and an evening meal. The evening meal may be substituted for a packed lunch, with the lunch time meal being your cooked option (subject to the days itinerary).
2. All the itinerary identified above is inclusive within your tour fees, and includes all visits to the attractions and sites referred to.
3. Any additional visits or options taken by any member(s) of the tour party that are not included in the itinerary and tour fees quoted, and attract additional costs are to be met by the individual(s) choosing such options.
4. The Directors of Sport1st reserve the right to alter or change the itinerary, due to unforeseen and/or circumstances beyond their control.

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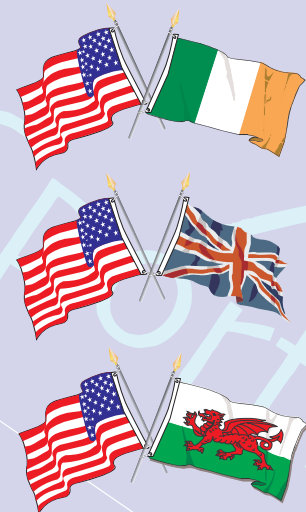


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Sport1st

TranSports
Athletic Team Tours



European and U.K
Soccer Tours
2004

Italy and the U.K

Tour Itinerary

Arrival (Friday 23rd July)

Arrival at Turin International Airport, welcome by your SportFirst and Cambrian Academy Tour Guides and Coaches. Transfer to Hotel San Giorgio, the Hotel San Giorgio is located in the Sangano district of Turin. This modern hotel is on the outskirts of Turin and at the foot of the Alps. There are 8 clay based floodlit tennis courts, swimming pool and indoor football arena adjacent to the hotel. All rooms have satellite television and on suite bathrooms. There is a large reception area, with sitting room as well as an excellent restaurant with indoor and outdoor seating area overlooking the tennis courts. Lunch. In the afternoon unwind and relax with activities such as tennis, coaching session, swimming or five a-side football. Evening Meal.

Day 2 (Saturday 24th July)

After breakfast a visit to Turin city centre. The fashionable city of Turin has many ancient buildings, including The Chapel of the Holy Shroud, Valentino Castle, Egyptian Museum (2nd Largest in the World), Superga Basilica and Automobile Museum along with a stylish shopping centre. Lunch provided. Following lunch an appointment is scheduled at Turin's Kappa factory. Here the latest Italian soccer kits and leisurewear can be purchased at factory prices. The evening consists of games against one of the local feeder clubs of Italian giants, Torino Calcio. Return back to Hotel San Giorgio for evening meal.

Day 3 (Saturday 25th July)

Following breakfast at the hotel a trip to the Alps Sestriere the host venue for the 2006 Winter Olympics. Lunch provided. On your return to the city of Turin, a tour of the famous 'Stad Delle Alpie' is scheduled. The Stad Delle Alpie was built for the World Cup in 1990 and is the home of Italian giants FC Juventus and Torino Calcio. The evening consist of games against one of the feeder clubs of Italian giants, FC Juventus, the most successful club in Italian football. Return back to Hotel San Giorgio for evening meal.

Day 4 (Monday 26th July)

Early morning call for breakfast and then on the coach to the attractive regions of Langhe and Monferrato. Here see how the famous beautiful wine is processed and admire the wonderful Italian countryside. Lunch provided. Coaching session for all players. A reservation for all at the Restaurant Le Cascine, where the Giovannoli brothers offer the best regional cuisine in a charming and quiet atmosphere, immersed in the peaceful land of Stupinigi's reserve, seven miles from the centre of Turin. Le Cascine Restaurant and Bar locates within three hectares of land to fully appreciate the very best of Turin: Nature and cuisine to make your important moments unforgettable. Return to hotel.

Day 5 (Tuesday 27th July)

Breakfast and own leisure time to enjoy the surrounding area of Sangano. Lunch. Transfer to Turin International Airport for the short flight to Manchester International Aiport in the United Kingdom to be met by your Sport1st Tour Guide and Coaches.

** Inclusive within your Italian schedule are all tour travel arrangements in Italy, 3* Hotel Accommodation, 3 meals per day, services of resident Italian assistants, and your Sportfirst and Cambrian Academy Coaches. **

Day 6 (Wednesday 28th July)

Breakfast between 8.00am and 9.30am, followed at 10.00am by the Sport1st Directors and Coaches welcome meeting for all players, parents and guests. A detailed introduction to your tour and stay in Wales, and a chance for players and visiting coaches to meet and chat with your Sport1st Coach. Lunch to be taken around 12.30pm, will be followed by an afternoon coaching session for all players between 2.00pm and 3.30pm. Later relax and unwind, with options for your leisure time at the accommodation sports complex, with health and fitness, Basketball, 5 ña- side, Field Hockey, Netball and Badminton or Tennis as one of your many choices. In the afternoon take a leisurely stroll in to the town centre, or the beach front and promenade (dependant upon accommodation venue). Evening meal to be taken at 5.00pm, followed at 6.30pm by matches against either Colwyn Bay JFC or local Junior League sides

Day 7 (Thursday 29th July)

Rest day for all players, parents and friends, with a visit to the historic Roman city of Chester. Following breakfast at around 9.00am, we depart from your accommodation at 10.00am. The walled city of Chester has many ancient buildings, including a Roman Amphitheatre, a Castle, a 12th Century Cathedral, and many fine examples of medieval architecture, along with a superb shopping centre. Return to your accommodation, around 5.00pm, for your evening meal, and the opportunity to challenge your coaches, parents and guests to a evening of sporting competition.

Day 8 (Friday 30th July)

Breakfast to be taken between 8.00am and 9.30am, followed by a 10.30am coaching call - Sessions to be taken by Sport1st Coaches. Lunch to be taken at 1.00pm, followed by further coaching sessions commencing at 2.00pm till 4.00pm - Session on Passing, Possession and Movement. Parents/guests free time to take in the shops/sights/attractions of the town centre, and local hosteleries.

Day 9 (Saturday 31st July)

Morning coaching session for all squad players, from 10am through to 12noon - all coaching sessions led by Sport1st's UEFA qualified coaches. Lunch at around 12.30pm, followed by an afternoon visit to the Victorian seaside resort of Llandudno, with its scenic walks, vista, and promenade, plus the wide array of gift shops.

Matches for all squads against local club sides from Llandudno Junior/Youth Football Clubs commence at 5.30pm.

Day 10 (Sunday 1st August)

Breakfast at your campus, followed at 10am by a light jogging, stretching and technical session for all players - Leaving at around 12noon by coach to visit the historic walled town of Conwy, in the heart of the North Wales coastline. Opportunity for shopping, visiting the attractions, including the medieval castle and famous bridges - The Telford Suspension Bridge, built in 1826, and the Stephenson Railway Bridge built in 1848, both of which span the mouth of the River Conwy. Or take a walk along the quay and marine front.

Lunch brings the opportunity to enjoy a traditional British meal, with a visit to one of Wales premier Fish and Chip Restaurants 'The Galleon', only a short stroll from the Conwy Quay and the famous 'Smallest House in Britain'. Saviour the taste of these award winning fish and chips, in the warm and friendly surroundings of The Galleon. Then continue your shopping and sightseeing, before boarding your coach at 4.00pm, for the short trip for todays matches at the home of Conwy United Football club. Matches commence at 5.30pm, with a return to your campus at around 10.00pm.

Day 11 (Monday 2nd August)

Rest day for all tour party members - Optional trips can be pre-booked via your Sport1st tour guide.